Malaria

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- Vector-borne infectious disease
- Caused by protozoan parasites.
- Transmitted
 - Bite from an infective female Anopheles mosquito.
 - Anopheles must be infected through a previous blood meal taken from an infected person.

Burden of Malaria



Who has more burden?

COVID-19

Vs Malaria

Four type of Protozoan parasites

- 1. Plasmodium falciparum
 - most common
 - deadly type of malaria infection
 - can lead to cerebral malaria
- 2. Plasmodium vivax
 - most common
 - causes relapse if treatment was not completed
- 3. Plasmodium ovale.
- 4. Plasmodium malaria

Life cycle of Plasmodium Parasite

- 1. Asexualy Cycle in Human
- 2. Sexual Cycle in Anophelus Mosquito



Asexual Cycle in Human

Liver Stage.

- Mosquito bite and inject infected saliva
- > Sporozoites enter the circulatory system
- > within 30-60 minutes will invade a liver cell.
- In hepatocyte, single "Sporozoites" converted to
 multiple "Schizonts" and
 - ≻later to multiple "**Cryptozoits**".
- > Which burst hepatic cell and comes out from hepatocyte.
- Cryptozoits can infect another neighbouring hepatocyte.
- > This replicative stage is called **Pre-erythrocytic schizogony**.
- After multiplication , Cryptozoits release in blood in form of Metacryptozoits

Asexual Cycle in Human

- In P. vivax and P. ovale, some of the sporozoites do not immediately undergo asexual replication.
- Few enter into a dormant phase "Hypnozoite"
- > Hypnozoite at later time
 - Reactivate and undergo schizogony
 - ≻ Resulting in a relapse.

Asexual Cycle in Human

Blood Stage.

- Metacryptozoits enter RBC .
- Metacryptozoits converted to Trophozoits (ring form)
- It ingests RBC cytoplasm and breaks down the hemoglobin.
- By-product of the hemoglobin is the malaria pigment hemozoin (golden-brown to black granules)
- > After 48 hours , it converted and release as Merozoites
- Merozoites may invade again new Hepatocyte & new RBC.
- Repeat erytocytic cycle.
- After Several erythrocytic cycle, Merozoites develop in to Gametaocyte.

Sexual Cycle in Anophelus Mosquito

- > Female anopheles mosquito bite to infected person.
- > All stage of parasite in enter in mosquito stomach.
- In stomach, all the stage of parasite get digested except Gametocyte.
- Sametocyte develop in Spozoit in mosquito.





CYCLE IN BRIEF

Mosquito to Human Liver

- Sporozoites
- Multiple Schizonts
- Cryptozoits
- Metacryptozoits
- Hypnozoits

Liver to RBC

- Trophozoits (ring form)
- Merozoites
- Gametocyte.

Human RBC to Female Mosquito

- Gametocyte
- Sporozoites



P. falciparum



marginal form



ring form



young trophozoite





double dotted rings



early schizont



schizont



mature schizont



trophozoite

female gametocyte



male gametocyte







Clinical Features

- Some time Flu like symptoms
- High Grade Fever With Chills
 - Cyclic Presentation
 - Coldness Shivering Fever Sweating
 - In P. Vivex Classically Alternate day Fever ?????
 - In P. Falciparum Continues Fever ????
- Headache
- Joint pain
- Hepatomegally
- Spleenomegally

Relapse

- In Plasmodium vivex
 - Due to "Hypnozoites"
 - Hepatic Sporozoites
- Episodes of Relapse may happen upto 5 years.
- Eradication treatment is require in P.Vivex

Complication

- Severe anaemia.
- Haemolytic Jaundice
- Hypoglycemia
- Blackwater Fever Renal Failure
- Cerebral malaria
- Respiratory distress
 - pulmonary oedema
 - Pneumonia
- Coagulopathy Bleeding tendency
- Shock

Black water fever

- Due to P. falciparum
- Massive intravascular hemolysis
- Severe acute hemolytic anemia
 - Hemoglobinuruia
 - Increase Billirubin
- Acute tubular necrosis
- Acute Renal Failure

Diagnosis

- Peripheral Blood Smear Examination
 - Thick Smear Examination
 - Thin Smear Examination
- Antibody Test
 - IgM Antibody for P. Vivex
 - IgM Antibody for P. Falciparum
- PCR

Investigation to evaluate complication

> To know extent of hemolysis

- ✓ Hemoglobin
- ✓ Serum LDH
- ✓ Serum Billirubin

To evaluate renal involvement

- ✓ Serum Creatinine
- ✓ Serum electrolyte

To evaluate liver involvement

- ✓ Serum ALT
- \checkmark BT , CT , APTT (Activated Partial Thromboplastin Time)
- ✓ Blood Glucose
- To know metabolic alteration
 - ✓ Arterial Blood Gas Analysis
- To know pulmonary involvement
 - ✓ X-ray Chest

Management

Is it same or different?

- Chloroquine
- Hydroxychloroquine (HCQ)





Mechanism of Chloroquine

- Broken Haemoglobin is taken by parasite
- Hb enter in "Food Vacuole of Parasite" (pH-5.0)
- Proteose remain active
- Heme get polymerized(non-toxic form)
- CHQ enter RBC Parasite Food Vacuole
 - Change pH from 5.0 to alkaline
 - Bind with Free Heme
 - CHQ Heme complex
- Make it alkaline Proteose inactive
- Heme remain free More peroxidase
- Heme & Heme-CHQ complex swell the cell lysis

Traditional Chloroquine Therapy

- Famous Trade Name : "Lariago" & "Lariago-DS"
- 1 Lariago-DS = 500 mg = 300 mg Chloroquine

<u>Regimen</u>

Day – 1 = 600 mg (2 tabs)

= 300 mg (1 tabs) after 6 hrs of first dose

Day – 2 = 300 mg (1 tabs) after 24 hrs of first dose

Day – 3 = 300 mg (1 tabs) after 48 hrs of first dose

Management

- Quinine & Chloroquine
 - Found resistance now
- Artemisinins derivatives (Artemether & Arteether)
 - Made up from "Sweet wormwood" ????
 - In combination with other antimalarials
 - Artemisinin-combination therapy = ACT
- Lumefantrine
- Mefloquine
- Sulfadoxine + Pyrimethamine

Treatment of P. vivax

- Treatment of blood stages
 - Chloroquine or ACT
- Treatment for Clearance of hepatic phase
 - Need to prevent relapse of P.Vivex (Radical Cure)
 - Primaquine
 - 30 mg once in day for 14 days

Treatment for severe malaria

- I.V. use of antimalarial drugs Quinine
- Parenteral Artesunate

Treat malaria during pregnancy

- 1st trimester = Quinine + Clindamycin
- 2nd & 3rd trimesters = ACT

Management Adjuvant Therapy

- NSAID
 - For fever
- Proton Pump Inhibitor
 - Omerazole / Pantoprazole
 - Prevent gastritis due anti-malarial drugs
- Glucose
 - Prevent hypoglycemia due to malaria as well as antimalarial drugs
- Plenty of Fluid
 - Prevention of renal toxicity
 - Prevent black water fever
 - Help to ease excretion of hemoglobin

Prevention

- Mosquito Net
- DDT spray (Dichloro-diphenyl-trichloroethane)
- Repellant
- Water management
 - Guppi fish
 - Oil cover on water
- Medical management
 - Chloroquine (300 mg base) once in week

Question from Topic

- Which malaria is prevented in sickle cell disease patient? And Why?
- What type of modification is needed in management of plasmodium vivex patient with G-6PD deficiency?

Question from Present Scenario

- Is HCQ has same mechanism action like CHQ?
- How much is it safe to take HCQ / CHQ for prevention of diseases?
- What is "Sweet wormwood"? (આત્મનિર્ભર્તા)

